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# The Polaron at Strong Coupling

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#### Mean-field and other effective models in mathematical physics

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# The Polaron

Model of a charged particle (electron) interacting with the (quantized) phonons of a polar crystal.

**Polarization** proportional to the electric field created by the charged particle.



#### The Fröhlich Model

On  $L^2(\mathbb{R}^3)\otimes \mathcal{F}$  (with  $\mathcal{F}$  the bosonic Fock space over  $L^2(\mathbb{R}^3)$ ),

$$H_{\alpha} = -\Delta - \sqrt{\alpha} \int_{\mathbb{R}^3} \frac{1}{|k|} \left( a_k e^{ikx} + a_k^{\dagger} e^{-ikx} \right) dk + \int_{\mathbb{R}^3} a_k^{\dagger} a_k dk$$

with  $\alpha > 0$  the coupling strength. The creation and annihilation operators satisfy the usual **CCR** 

$$[a_k, a_l] = 0$$
 ,  $[a_k, a_l^{\dagger}] = \delta(k - l)$ 

This models a **large polaron**, where the electron is spread over distances much larger than the lattice spacing.

**Note:** Since  $k \mapsto |k|^{-1}$  is not in  $L^2(\mathbb{R}^3)$ ,  $H_\alpha$  is not defined on the domain of  $H_0$ . It can be defined as a quadratic form, however.

Similar models of this kind appear in many places in physics, e.g., the Nelson model, spin-boson models, etc., and are used as toy models of **quantum field theory**.

#### Strong Coupling Units

The Fröhlich model allows for an "exact solution" in the strong coupling limit  $\alpha \to \infty$ . Changing variables

$$x \to \alpha^{-1} x$$
,  $a_k \to \alpha^{-1/2} a_{\alpha^{-1} k}$ 

we obtain

$$\alpha^{-2}H_{\alpha} \cong \mathfrak{h}_{\alpha} := -\Delta - \int_{\mathbb{R}^3} \frac{1}{|k|} \left( a_k e^{ikx} + a_k^{\dagger} e^{-ikx} \right) dk + \int_{\mathbb{R}^3} a_k^{\dagger} a_k \, dk$$

where the CCR are now  $[a_k, a_l^{\dagger}] = \alpha^{-2} \delta(k - l)$ .

Hence  $\alpha^{-2}$  is an effective Planck constant and  $\alpha \to \infty$  corresponds to a classical limit.

The classical approximation amounts to replacing  $a_k$  by a complex-valued function  $z_k$ . We write it as a Fourier transform

$$z_k = \int_{\mathbb{R}^3} \left(\varphi(x) + i\pi(x)\right) e^{-ikx} dk$$

# THE PEKAR FUNCTIONAL(S)

The classical approximation leads to the **Pekar functional** 

$$\mathcal{E}(\psi,\varphi,\pi) = \int_{\mathbb{R}^3} |\nabla\psi(x)|^2 dx - 2 \int_{\mathbb{R}^6} \frac{|\psi(x)|^2 \varphi(y)}{|x-y|^2} dx \, dy + \int_{\mathbb{R}^3} \left(\varphi(x)^2 + \pi(x)^2\right) dx$$

Minimizing with respect to  $\varphi$  and  $\pi$  gives

$$\mathcal{E}^{\mathcal{P}}(\psi) = \min_{\varphi,\pi} \mathcal{E}(\psi,\varphi,\pi) = \int_{\mathbb{R}^3} |\nabla\psi(x)|^2 dx - \int_{\mathbb{R}^6} \frac{|\psi(x)|^2 |\psi(y)|^2}{|x-y|} dx \, dy$$

Lieb (1977) proved that there exists a minimizer of  $\mathcal{E}^{P}(\psi)$  (with  $\|\psi\|_{2} = 1$ ) and it is **unique** up to translations and multiplication by a phase.

In particular, the classical approximation leads to **self-trapping** of the electron due to its interaction with the polarization field.

Let  $e^{\mathbf{P}} < 0$  denote the **Pekar energy** 

$$e^{\mathbf{P}} = \min_{\|\psi\|_2 = 1} \mathcal{E}^{\mathbf{P}}(\psi)$$

#### Asymptotics of the Ground State Energy

**Donsker and Varadhan** (1983) proved the validity of the Pekar approximation for the ground state energy:

 $\lim_{\alpha \to \infty} \inf \operatorname{spec} \mathfrak{h}_{\alpha} = e^{\mathbf{P}}$ 

They used the (Feynman 1955) path integral formulation of the problem, leading to a study of the path measure

$$\exp\left(\alpha \int_{\mathbb{R}} ds \frac{e^{-|s|}}{2} \int_{0}^{T} \frac{dt}{|\omega(t) - \omega(t+s)|}\right) d\mathbb{W}^{T}(\omega)$$

as  $T \to \infty$ , where  $\mathbb{W}^T$  denotes the Wiener measure of closed paths of length T.

Lieb and Thomas (1997) used operator techniques to obtain the quantitative bound

$$e^{\mathbf{P}} \ge \inf \operatorname{spec} \mathfrak{h}_{\alpha} \ge e^{\mathbf{P}} - O(\alpha^{-1/5})$$

for large  $\alpha$ . Note that the upper bound follows from a simple product ansatz.

# QUANTUM FLUCTUATIONS

What is the leading order correction of  $\inf \operatorname{spec} \mathfrak{h}_{\alpha}$  compared to  $e^{\mathrm{P}}$ ? With

$$\mathcal{F}^{\mathrm{P}}(\varphi) = \min_{\psi,\pi} \mathcal{E}(\psi,\varphi,\pi) = \inf \operatorname{spec} \left(-\Delta - 2\varphi * |x|^{-2}\right) + \int_{\mathbb{R}^3} \varphi(x)^2 dx$$

we expand around a minimizer  $\varphi^{\rm P}$ 

$$\mathcal{F}^{\mathrm{P}}(\varphi) \approx e^{\mathrm{P}} + \langle \varphi - \varphi^{\mathrm{P}} | H^{\mathrm{P}} | \varphi - \varphi^{\mathrm{P}} \rangle + O(\|\varphi - \varphi^{\mathrm{P}}\|_{2}^{3})$$

with  $H^{\rm P}$  the **Hessian** at  $\varphi^{\rm P}$ . We have  $0 \leq H^{\rm P} \leq 1$ , and  $H^{\rm P}$  has exactly **3 zero-modes** due to translation invariance (Lenzmann 2009).

Reintroducing the field momentum and studying the resulting system of harmonic oscillators leads to the **conjecture** 

$$\inf \operatorname{spec} \mathfrak{h}_{\alpha} = e^{\mathrm{P}} + \frac{1}{2\alpha^{2}} \operatorname{Tr} \left( \sqrt{H^{\mathrm{P}}} - \mathbb{1} \right) + o(\alpha^{-2})$$

predicted in the physics literature (Allcock 1963).

#### A THEOREM FOR A CONFINED POLARON

Allcock's conjecture was recently proved for a confined polaron with Hamiltonian

$$\mathfrak{h}_{\alpha,\Omega} = -\Delta_{\Omega} - \int_{\Omega} (-\Delta_{\Omega})^{-1/2} (x,y) \left(a_y + a_y^{\dagger}\right) dy + \int_{\Omega} a_y^{\dagger} a_y \, dy$$

for (nice) bounded sets  $\Omega \subset \mathbb{R}^3$ . Assuming coercivity of the corresponding Pekar functional

$$\mathcal{E}_{\Omega}^{\mathrm{P}}(\psi) = \int_{\Omega} |\nabla \psi(x)|^2 dx - \int_{\Omega^2} |\psi(x)|^2 (-\Delta_{\Omega})^{-1} |\psi(y)|^2 dx \, dy$$

i.e.,

$$\mathcal{E}_{\Omega}^{\mathrm{P}}(\psi) \geq \mathcal{E}_{\Omega}^{\mathrm{P}}(\psi_{\Omega}^{\mathrm{P}}) + K_{\Omega} \min_{\theta} \int_{\Omega} |\nabla(\psi(x) - e^{i\theta}\psi_{\Omega}^{\mathrm{P}}(x))|^2 dx$$

for some  $K_{\Omega} > 0$  (which can be proved for  $\Omega$  a ball [FeliciangeliS19]), one has

**Theorem [FrankS19]**: As  $\alpha \to \infty$ 

$$\inf \operatorname{spec} \mathfrak{h}_{\alpha,\Omega} = e_{\Omega}^{\mathrm{P}} + \frac{1}{2\alpha^{2}} \operatorname{Tr} \left( \sqrt{H_{\Omega}^{\mathrm{P}}} - \mathbb{1} \right) + o(\alpha^{-2})$$

#### Effective Mass

The Fröhlich Hamiltonian  $H_{\alpha}$  is translation invariant and commutes with the total momentum

$$P = -i\nabla_x + \int_{\mathbb{R}^3} k \, a_k^{\dagger} a_k \, dk$$

Hence there is a fiber-integral decomposition  $H = \int_{\mathbb{R}^3}^{\oplus} H_{\alpha}^P dP$ . In fact,

$$H^P_{\alpha} \cong \left(P - \int_{\mathbb{R}^3} k \, a_k^{\dagger} a_k \, dk\right)^2 - \sqrt{\alpha} \int_{\mathbb{R}^3} \frac{1}{|k|} \left(a_k + a_k^{\dagger}\right) dk + \int_{\mathbb{R}^3} a_k^{\dagger} a_k \, dk$$

(acting on  $\mathcal{F}$  only). With  $E_{\alpha}(P) = \inf \operatorname{spec} H^P_{\alpha}$ , the effective mass  $m \ge 1/2$  is defined as

$$\frac{1}{m} := 2 \lim_{P \to 0} \frac{E_{\alpha}(P) - E_{\alpha}(0)}{|P|^2}$$

A simple argument based on the Pekar approximation suggests  $m \sim \alpha^4$  as  $\alpha \to \infty$ . The best rigorous result so far is

Theorem [LiebS19]:

$$\lim_{\alpha \to \infty} m = \infty$$

# FURTHER RESULTS AND OPEN PROBLEMS

• With **Frank**, **Lieb** and **Thomas** we have studied the many-polaron problem (where an additional Coulomb repulsion between the electrons has to be taken into account).

We investigated polaron **binding** due to the effective attraction via the polarization field, and the resulting question of **stability** of the system for large particle number.

• The Pekar approximation can also be applied in a dynamic setting. It should be possible to derive the corresponding **time-dependent Pekar equations** from the Schrödinger equation with the Fröhlich Hamiltonian.

Recent partial results by **Frank & Schlein**, **Frank & Gang** and **Griesemer**, as well as [Leopold,Rademacher,Schlein,S,2019] (next talk)