

Event chain Monte Carlo, self-repellent random walks, and the stochastic heat equation

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Sampling and Markov chain Monte Carlo

Goal: Sample from a probability distribution

$$\mu(dx) \propto \exp(-U(x)) dx$$

on $\mathcal{S} = \mathbb{R}^d$ (or a Riemannian manifold).

Strategy: Construct a Markov process $(X_t)_{t \geq 0}$ with μ as invariant measure such that $\text{Law}(X_t) \rightarrow \mu$ quickly.

Observe acceleration through **non-reversibility!**

A toy model

Compare different sampling approaches in a **toy model**.

State space

$$\mathcal{S} = \left\{ \ell = (\ell_i)_{i \in \mathbb{Z}_n} \in \mathbb{R}^{\mathbb{Z}_n} : \sum_{i \in \mathbb{Z}_n} \ell_i = 0 \right\},$$

probability measure

$$\begin{aligned} \mu(d\ell) &\propto e^{-U(\ell)} \lambda_{\mathcal{S}}(d\ell) &&= \mathcal{N}(0, -\Delta_n^{-1}) \\ \text{with } U(\ell) &= \frac{1}{2} \sum_{i \in \mathbb{Z}_n} (\ell_{i+1} - \ell_i)^2 &&= -\ell \cdot \Delta_n \ell \end{aligned}$$

with Δ_n the discrete Laplacian on \mathbb{Z}_n .

→ harmonic chain, 1d discrete GFF, discrete Brownian bridge, ...

Some remarks

Condition number:

Eigenvalues of $-\Delta_n$: $\lambda_k = 2 - 2 \cos(\frac{2\pi k}{n})$, $k = 1, \dots, n$.

$$\lambda_1 \sim \frac{4\pi^2}{n^2}, \quad \lambda_{\lfloor \frac{n}{2} \rfloor} \sim 4 \quad \implies \quad \kappa(\Delta_n) \sim \frac{n^2}{\pi^2}.$$

Generalisations:

- ▶ Anharmonic chain: $U(\ell) = \sum_{i \in \mathbb{Z}_n} W(\ell_{i+1} - \ell_i)$.
- ▶ Other graphs: $\mathbb{Z}_n \rightarrow (V, E)$.

Overdamped Langevin dynamics

$$dZ(t) = -\frac{1}{2}\nabla U(Z(t))dt + dW(t)$$

Overdamped Langevin dynamics

$$dZ(t) = \frac{1}{2} \Delta_n Z(t) dt + dW(t)$$

→ discrete stochastic heat equation with additive noise!

Generator

$$Lg(\ell) = \frac{1}{2} \sum_{i \in \mathbb{Z}_n} \left(\partial_{\ell_i}^2 g(\ell) + (\ell_{i+1} - 2\ell_i + \ell_{i-1}) \partial_{\ell_i} g(\ell) \right)$$

is self-adjoint in $L^2(\mu)$. Spectral gap $\lambda_1 \in \Theta(n^{-2}) \Rightarrow t_{\text{rel}} \in \Theta(n^2)$.

System of n equations → complexity $\Omega(n^3)$.

Inefficient: diffusive + high condition number!

Speed-up by lifting

Introduce auxiliary variables: $\hat{\mathcal{S}} = \mathcal{S} \times \mathcal{V}$, $\hat{\mu} = \mu \otimes \kappa$, $\pi(\ell, \nu) = \ell$.

$$Z(t) \rightarrow (\mathcal{L}(t), V(t)), \quad P_t \rightarrow \hat{P}_t, \quad L \rightarrow \hat{L}.$$

Definition (Eberle and L, 2024)

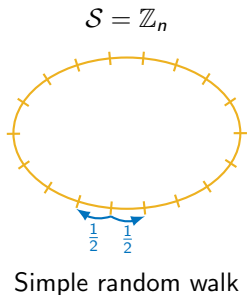
The process $(\mathcal{L}(t), V(t))$ is a **second-order lift** of $(Z(t))$ if for all $f, g \in \text{Dom}(L)$,

- (i) $f \circ \pi \in \text{Dom}(\hat{L})$,
- (ii) $\langle \hat{L}(f \circ \pi), g \circ \pi \rangle_{L^2(\hat{\mu})} = 0$,
- (iii) $\frac{1}{2} \langle \hat{L}(f \circ \pi), \hat{L}(g \circ \pi) \rangle_{L^2(\hat{\mu})} = -\langle f, Lg \rangle_{L^2(\mu)}$.

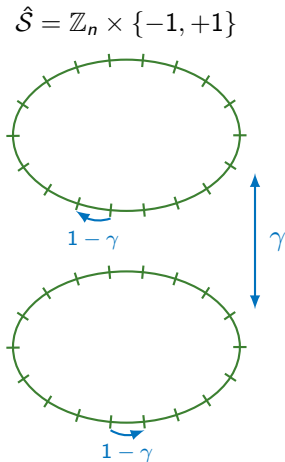
Implies:

$$\int_{\mathcal{V}} \hat{P}_t(f \circ \pi)(\ell, \nu) \kappa(d\nu) = (P_{t^2}f)(\ell) + o(t^2) \text{ as } t \rightarrow 0.$$

Recap: Lifts of Markov chains (Diaconis, Holmes, and Neal, 2000)

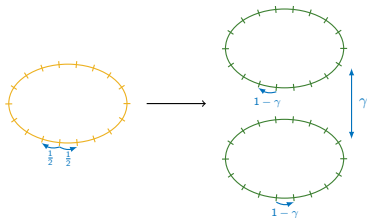


lift →



Recap: Lifts of Markov chains

$\hat{\mathcal{S}} = \mathcal{S} \times \mathcal{V}$, $\hat{\mu} = \mu \otimes \kappa$.
Transition kernels p and \hat{p} .



Definition (Chen, Lovász, and Pak, 1999)

The transition kernel \hat{p} is a **first-order lift** of p if

$$\int_{\mathcal{V}} \hat{p}(f \circ \pi)(\ell, \nu) \kappa(d\nu) = (pf)(\ell)$$

for all $\ell \in \mathcal{S}$ and measurable $f: \mathcal{S} \rightarrow \mathbb{R}$, where $\pi(\ell, \nu) = \ell$.

Recap: Lifts of Markov chains

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Recall: For a **second-order lift** (\hat{P}_t) of (P_t),

$$\int_{\mathcal{V}} \hat{P}_t(f \circ \pi)(\ell, \nu) \kappa(d\nu) = (P_{t^2}f)(\ell) + o(t^2) \text{ as } t \rightarrow 0.$$

For small $t > 0$, (\hat{P}_t) is approximately a lift of (P_{t^2})!

Lower bound for relaxation times of lifts

Relaxation time:

$$t_{\text{rel}}(\hat{P}) = \inf \left\{ t \geq 0 : \|\hat{P}_t f\|_{L^2(\hat{\mu})} \leq \frac{1}{e} \|f\|_{L^2(\hat{\mu})} \text{ for all } f \in L_0^2(\hat{\mu}) \right\}.$$

Theorem (Eberle and L, 2024)

If (\hat{P}_t) is a second-order lift of (P_t) , then

$$t_{\text{rel}}(\hat{P}) \geq \frac{1 - e^{-1}}{\sqrt{2}} \sqrt{t_{\text{rel}}(P)}.$$

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$$t_{\text{rel}}(\hat{P}) \geq \frac{1-e^{-1}}{\sqrt{2}} \sqrt{t_{\text{rel}}(P)}.$$

Proof. $\|\hat{P}_t f - f\|_{L^2(\hat{\mu})} \leq \int_0^t \|\hat{P}_s \hat{L} f\|_{L^2(\hat{\mu})} ds \leq t \|\hat{L} f\|_{L^2(\hat{\mu})}$, so

$$\|\hat{P}_t f\|_{L^2(\hat{\mu})} \geq \|f\|_{L^2(\hat{\mu})} - t \|\hat{L} f\|_{L^2(\hat{\mu})}.$$

For $\lambda > \text{gap}(L)$ choose $g \in L_0^2(\mu)$ with $\mathcal{E}(g) = \lambda \|g\|_{L^2(\mu)}^2$.

By the **second-order lift property**: $\frac{1}{2} \|\hat{L}(g \circ \pi)\|_{L^2(\hat{\mu})}^2 = \mathcal{E}(g)$.

Then

$$\|\hat{P}_t(g \circ \pi)\|_{L^2(\hat{\mu})} \geq (1 - \sqrt{2\lambda t}) \|g \circ \pi\|_{L^2(\hat{\mu})}.$$

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Can the lower bound be achieved? → **Optimal lifts.**

Proof of optimality requires quantitative upper bounds on the relaxation time. → **Challenging!**

Randomised Hamiltonian Monte Carlo $\hat{\mathcal{S}} = \mathcal{S} \times \mathcal{S}$, $\hat{\mu} = \mu \otimes \mathcal{N}(0, I_{\mathcal{S}})$.

Idealised dynamics: $(\mathcal{L}(t), V(t))_{t \geq 0}$ PDMP with state space $\hat{\mathcal{S}}$,

$$\begin{cases} d\mathcal{L}(t) = V(t) dt \\ dV(t) = -\nabla U(\mathcal{L}(t)) dt \end{cases} + \begin{array}{l} \text{complete velocity refreshments} \\ \text{with exponential rate } \gamma \in [0, \infty). \end{array}$$

Theorem (Eberle and L, 2024)

RHMC is a **second-order lift** of L for any $\gamma \in [0, \infty)$.

Theorem (Eberle and L, 2024; Lu and Wang, 2022)

- (i) $t_{\text{rel}}(\text{RHMC}) \in \Omega(\text{gap}(L)^{-1/2})$.
- (ii) If $\nabla^2 U \geq -C \text{gap}(L) \cdot I$ and $\gamma \propto \text{gap}(L)^{1/2}$, then

$$t_{\text{rel}}(\text{RHMC}) \in \Theta(\text{gap}(L)^{-1/2})$$

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Randomised Hamiltonian Monte Carlo

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Proof: Divergence lemma

\implies space-time Poincaré inequality

\implies time-averaged L^2 -decay.

Complexity of RHMC

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Algorithmic implementations:

- ▶ Simulating n equations \Rightarrow complexity $\Omega(n)$ per time unit.
- ▶ **Time discretisation** via Verlet/leapfrog, step size $h \in O(n^{-\frac{1}{4}})$.

Hence: Complexity per time unit $\Omega(n^{5/4})$, **overall** $\Omega(n^{9/4})$.

Complexity of RHMC

Can we do better?

- ▶ Critical RHMC is optimal lift.
- ▶ Complexity per time unit $\Omega(n^{5/4})$.

Good!

Bad!

Problem: All particles moving and interacting constantly.

Question

Is there a good lift where only one particle/coordinate is changing at a time?

Self-repellent random walk

State space $\hat{\mathcal{S}} = \mathcal{S} \times \mathbb{Z}_n$, $\hat{\mu} = \mu \otimes \text{Unif}(\mathbb{Z}_n)$.

Markov process $(L(t), X(t))$,

$$dL(t) = e_{X(t)} dt,$$

$$X(t) \text{ jumps } \begin{cases} x \rightarrow x + 1 & \text{with rate } (L_{x+1}(t) - L_x(t))_-, \\ x \rightarrow x - 1 & \text{with rate } (L_{x-1}(t) - L_x(t))_-. \end{cases}$$

$(L(t))_{t \geq 0}$ is local time process of $(X(t))_{t \geq 0}$ and $X(t)$ prefers states where $L(t)$ is small. \rightarrow **self-repellent random walk**

No invariant probability measure since $L(t)$ increasing!

Renormalise:

$$\mathcal{L}_i(t) = L_i(t) - \frac{t}{n}, \quad \text{so} \quad \sum_{i=1}^n \mathcal{L}_i(t) = 0.$$

\rightarrow **Event chain Monte Carlo** (Maggs, 2025).

Self-repellent random walk $\hat{S} = \mathcal{S} \times \mathbb{Z}_n$, $\hat{\mu} = \mu \otimes \text{Unif}(\mathbb{Z}_n)$

Lemma

$(\mathcal{L}(t), X(t))$ is PDMP with state space \hat{S} , inv. meas. $\hat{\mu}$, generator

$$\begin{aligned} \hat{L}f(\ell, i) = & \partial_{\ell_i} f(\ell, i) + (\ell_{i+1} - \ell_i)_- (f(\ell, i+1) - f(\ell, i)) \\ & + (\ell_{i-1} - \ell_i)_- (f(\ell, i-1) - f(\ell, i)). \end{aligned}$$

Theorem (Eberle and L, 2025)

$(\mathcal{L}(t), X(t))_{t \geq 0}$ is a **second-order lift** of $(Z(t))_{t \geq 0}$ satisfying

$$dZ(t) = \frac{1}{2n} \Delta_n Z(t) dt + \frac{1}{\sqrt{n}} dW(t).$$

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Overdamped Langevin **slowed down** by a factor n , generator $\frac{1}{n}L$.

Corollary (Eberle and L, 2025)

$$t_{\text{rel}}(\mathcal{L}, X) \geq \frac{1 - e^{-1}}{\sqrt{2}} \sqrt{\frac{1}{\text{gap}(\frac{1}{n}L)}} = \frac{1 - e^{-1}}{2\pi} n^{3/2}.$$

Upper bounds for the relaxation time

Open problem for $(\mathcal{L}(t), X(t))_{t \geq 0}$!

Consider **modified dynamics** with additional moves in $X(t)$:

$$\hat{L}_\gamma = \hat{L} + \gamma(Q - I), \quad Q \text{ symmetric transition matrix on } \mathbb{Z}_n.$$

Process is still a lift of $(Z(t)) \rightarrow$ **lower bound** $\Omega(n^{3/2})$ applies.

Theorem (Eberle and L, 2025)

For $Qf(\ell, x) = \sum_{i=1}^n f(\ell, i)$, we have

$$t_{\text{rel}}(\hat{L}_\gamma) \in O(\gamma n^3 + \gamma^{-1} n).$$

In particular: $\gamma \propto n^{-1} \Rightarrow t_{\text{rel}}(\hat{L}_\gamma) \in O(n^2)$

Consequence: ECMC with complete resampling of active coordinate at rate n^{-1} has complexity $O(n^2)$!

Upper bounds for the relaxation time

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Proof: Builds on hypocoercivity techniques.

Flow Poincaré inequality for [second-order lifts](#) in an abstract framework (Eberle, Guillin, Hahn, L, and Michel, 2025).

Theorem 10. Assume that

- (i) the operator $(\hat{\mathfrak{L}}, \text{Dom}(\hat{\mathfrak{L}}))$ is a second-order lift of $(\mathfrak{L}, \text{Dom}(\mathfrak{L}))$ such that $g \circ \pi \in \text{Dom}(\hat{\mathfrak{L}}^*)$ and $\hat{\mathfrak{L}}^*(g \circ \pi) = -\hat{\mathfrak{L}}(g \circ \pi)$ for all $g \in \text{Dom}(\mathfrak{L})$;
- (ii) the operator $(\mathfrak{L}, \text{Dom}(\mathfrak{L}))$ has purely discrete spectrum on $L^2(\mu)$ and a spectral gap $m > 0$, i.e.

$$\|g - \mu(g)\|_{L^2(\mu)}^2 \leq \frac{1}{m} \langle g, -\mathfrak{L}g \rangle_{L^2(\mu)}$$

for all $g \in \text{Dom}(\mathfrak{L})$;

- (iii) there exists a constant $C_1 > 0$ such that

$$\langle \hat{\mathfrak{L}}(g \circ \pi), \hat{\mathfrak{L}}(f - \Pi f) \rangle_{L^2(\hat{\mu})} \leq C_1 \|\mathfrak{L}g\|_{L^2(\mu)} \|f - Qf\|_{L^2(\hat{\mu})}$$

Key quantity!

for all $f \in \text{Dom}(\hat{\mathfrak{L}})$ and $g \in \text{Dom}(\mathfrak{L})$;

- (iv) the transition matrix Q has a spectral gap m_Q , i.e.

$$x^\top Qx \leq (1 - m_Q)|x|^2$$

for all $x \in \mathbb{R}^n$ with $\sum_{i=1}^n x_i = 0$.

Then there exists a universal constant $C > 0$ such that, for any $T > 0$ and $\gamma > 0$, the semigroup $(\hat{P}_t^{(\gamma)})$ generated by $(\hat{\mathfrak{L}}^{(\gamma)}, \text{Dom}(\hat{\mathfrak{L}}^{(\gamma)}))$ satisfies

$$\|\hat{P}_t^{(\gamma)} f\|_{L^2(\hat{\mu})} \leq e^{-\nu(t-T)} \|f\|_{L^2(\hat{\mu})} \quad \text{for all } t \geq 0 \text{ and } f \in L_0^2(\hat{\mu}),$$

where the rate ν is given by

$$\nu = C \frac{\gamma}{\gamma^2/m + C_1^2 + \frac{1}{m_Q} \left(1 + \frac{1}{mT^2}\right)}. \quad (18)$$

Upper bounds for the relaxation time

Theorem (Eberle and L, 2025)

For $Qf(\ell, x) = \sum_{i=1}^n f(\ell, i)$, we have

$$t_{\text{rel}}(\hat{L}_\gamma) \in O(\gamma n^3 + \gamma^{-1} n).$$

In particular: $\gamma \propto n^{-1} \Rightarrow t_{\text{rel}}(\hat{L}_\gamma) \in O(n^2)$.

Proof: Here $m \in \Theta(n^{-3})$, $m_Q = 1$. Constant C_1 in

$$\langle \hat{L}(g \circ \pi), \hat{L}(f - Qf) \rangle_{L^2(\hat{\mu})} \leq C_1 \|Lg\|_{L^2(\mu)} \|f - Qf\|_{L^2(\hat{\mu})}$$

determines the upper bound on the relaxation time

$$t_{\text{rel}}(\hat{L}_\gamma) \in O(\gamma n^3 + \gamma^{-1} C_1^2).$$

Obtain $C_1^2 \in O(n)$ via Gaussian i.b.p. and Bochner's formula.

Upper bounds for the relaxation time

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Analogously:

Theorem (Eberle and L, 2025)

For Q the transition matrix of a simple random walk on \mathbb{Z}_n ,

$$t_{\text{rel}}(\hat{L}_\gamma) \in O(\gamma n^3 + \gamma^{-1} n^2).$$

In particular: $\gamma \propto n^{-1/2} \Rightarrow t_{\text{rel}}(\hat{L}_\gamma) \in O(n^{5/2})$.

Thank you for your attention!

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