A mechanism for transport in nearly MBL systems

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with

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Plan of the talk

- MBL in translation invariant systems? (no quenched disorder, "quantum glass")
- Strictly speaking, no: delocalization through mobile ergodic spots

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• Are there many-body mobility edges in quenched disordered systems?

Clean Many-Body systems with "frustrations"

Replace quenched disorder by state-dependent disorder



Typical classical configuration in a high temperature T state

Example of Hamiltonian: Bose-Hubbard

$$H = \sum_{x} \{ \mathsf{U}(a_{x}^{+}a_{x})^{2} + \mathsf{J}(a_{x}^{+}a_{x+1} + \mathrm{h.c.}) \}, \quad \mathsf{J}/\mathsf{U} \ll 1, \ T/\mathsf{U} \gg 1$$

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Could this system be possibly MBL at $J \neq 0$?

MBL in Bose-Hubbard?

First intuition: think all particles but one are frozen



blue particles are frozen, red particle moves

Bose-Hubbard for the red particle becomes

$$H = \sum_{x} \left\{ \mathsf{UN}_{x} | x \rangle \langle x | + \mathsf{J}\sqrt{(\mathsf{N}_{x}+1)(\mathsf{N}_{x+1}+1)} \left(| x \rangle \langle x+1 | + \mathsf{h.c.} \right) \right\}$$

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with N_x : number of blue particles at *x*.

And erson localization with discrete disorder for $J/U \ll 1$, $T/U \gg 1$.

Where do $J/U \ll 1$ and $T/U \gg 1$ come from?

Gibbs state
$$\frac{1}{Z}e^{-H/T}$$
 implies $N_x \sim \sqrt{T/U}$.

First order transitions in J/U:

• Perturbative regime (small hopping): $J \ll U$ since

$$J\sqrt{N_x N_{x+1}} \sim J\sqrt{T/U} \ll \Delta E_0 \sim U\sqrt{T/U}$$

• Rare resonances: $T \gg U$ since

$$\mathsf{P}(\text{resonance}) = \mathsf{P}(\mathsf{UN}_x = \mathsf{UN}_{x+1}) \sim 1/\sqrt{T/U} \ll 1$$



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The analysis carries over to many-body physics First order analysis in J/U stays the same:



Asymptotic localization for a related model (De Roeck and Huveneers '13): $(a_x^+a_x)^2 \rightarrow (a_x^+a_x)^{2+\epsilon}$: temperature becomes the only relevant parameter,

Essentially: $\kappa(\mathsf{U},\mathsf{J},T) \leq C_n/T^n$ for all n > 1 as $T \to \infty$

Several (recent) works with a similar idea

- Kagan and Maksimov (1984): Long range interactions Rare resonances, frustrating effect on the dynamics
- Carleo et al. (2012): Bose-Hubbard, starting with doubly occupied sites



Relaxation to equilibrium is much slowed down as $\mathsf{J}/\mathsf{U}\to 0.$

• Schiulaz and Müller (2013): "Quantum glass" Light particles act as a (dynamical) random environment on heavy ones



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See also Grover and Fisher (2013)

- Papic, Stoudenmire and Abanin (2015, see later),
- Pino, Altshuler and Ioffe (2015), ...

The analysis was a bit too crude until now

Several caveats. In particular, resonances may travel along the system

Quenched disorder, deep localized phase: location of the resonances is fixed

$$H = \sum_{i} \left\{ \epsilon_{i} \sigma_{i}^{(z)} + \mathsf{J}(\uparrow \downarrow)_{i} \right\} \qquad \stackrel{\bullet}{\underset{\epsilon_{i-2}}{\uparrow}} \qquad \stackrel{\bullet}{\underset{\epsilon_{i-1}}{\downarrow}} \qquad \stackrel{\bullet}{\underset{\epsilon_{i} \simeq \epsilon_{i+1}}{\downarrow}} \qquad \stackrel{\bullet}{\underset{\epsilon_{i+2}}{\downarrow}}$$

Translation invariant: location of the resonances depends on the state



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Resonant spot has changed place

We could play this game further

Strictly in d = 1, mobile resonant spots get eventually stuck



In d = 2, some spots become truly mobile



The first order analysis depends very much on fine details. This is not robust.

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Imperfect bath in quenched disordered systems

E.g.: spin chain for sites $s \in \mathbb{Z}^2$ with local interactions:

$$H = \sum_{s \in \mathbb{Z}^2} \left\{ \epsilon_s \sigma_s^{(z)} + \mathsf{J}(\uparrow \downarrow)_{s' \sim s} \right\}, \qquad \mathsf{J} \ll W.$$

Rare spot of size V where the disorder is weak: $Proba(\bullet) \sim e^{-\rho_W V}$



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MBL survives to a fixed imperfect bath (see Imbrie '14)

- Region of size V with anomalously low disorder: imperfect bath, ETH Level spacing: $\Delta E \sim 2^{-V} \epsilon_0$, extended eigenstates ψ in V
- Spins close to the bath, distance ℓ with $\ell \log(W/J) \lesssim V$: thermalization

$$\langle \psi, \uparrow | H | \psi', \downarrow \rangle \sim 2^{-V/2} \mathsf{J}(\mathsf{J}/W)^{\ell} \gg 2^{-V} \epsilon_0 \sim \Delta E$$
 (*)

For intermediate ℓ , intermediate phase shows up (partial thermalization?)

– Spins far from the bath, $d \log(W/J) \gg V$: MBL survives

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In clean systems, localization is less robust

A resonant spot now appears because of a local fluctuation in the states



Diffusive spot

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\downarrow Translation invariance \downarrow



"Diffusive spots move by absorbing/expelling bosons" To visualize better, we consider the Bose-Hubbard Hamiltonian in d = 2:

$$H = \sum_{s \in \mathbb{Z}^2} \left\{ \mathsf{U}(a_s^+ a_s)^2 + \mathsf{J}(a_s^+ a_{s'} + \text{h.c.}) \right\}, \qquad \mathsf{J} \ll \mathsf{U}, \quad \mathsf{U} \ll T$$

Bubbles with very low density are thermal (like hard core bosons in d = 2)



Absorbing/expelling a boson into/from the spot is a resonant process

Similar ideas by Huse/Nandkishore

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Hybridization of states with thermal spot at different places Level spacing in the bubble:

$$\Delta E \sim \frac{1}{\mathcal{N}} \epsilon_0 \qquad \text{with} \qquad \mathcal{N} = \mathrm{e}^{s(\rho)V}$$

Take two bubble states ψ and Ψ with ψ : bubble without the extra particle Ψ : bubble with the extra particle

Assuming ETH in the bubble:

$$|\langle \Psi | H | \psi \rangle|^{2} = \langle H \Psi (|\psi\rangle \langle \psi|) H \Psi \rangle \sim \operatorname{Tr}_{\rho}(|H\Psi\rangle \langle H\Psi|) \sim \frac{\epsilon_{0}^{2}}{\mathcal{N}}$$

Take ψ whatever and select Ψ to minimize the energy difference:

$$|\langle \Psi | H | \psi \rangle| \sim \frac{\epsilon_0}{\sqrt{N}} \gg \frac{\epsilon_0}{N} \sim \Delta E$$

The bubble can absorb a particle, it acts as a bath.

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Could the bubble be just evanescent?

Entropically, the bubble is likely to get stuck quickly:





- Gibbs state $\frac{1}{Z}e^{-H/T}$ is invariant under dynamics. One keeps finding good thermal bubbles all the time
- Micro-reversibility of hamiltonian dynamics: if dynamics outside the bubbles is localized, bubble eventually go back to initial state
- As such, effect also found in stochastic dynamics for glasses (KCM)

This phenomenon should slow down (a lot) thermalization, not suppress it.

Could $\langle \Psi | H | \psi \rangle$ be suppressed by orthogonality catastrophe?

Neglecting terms in the Hamiltonian can have a drastic effect.

E.g.: quenched disordered single particle Hamiltonian

$$H = \sum_{trees} H_{tree} + J \sum_{i} \left\{ |i, 1\rangle \langle i + 1, 1| + \text{h.c.} \right\}$$

A finite tree (N branches) hanging at each node



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Dressing the sites matters

Surprising effect when the energy bandwidth W in each tree is large. Take

- Inside the tree (J = 0): ergodic
- For nodes not dressed by trees (N = 1): delocalized (J/W > 1, d = 3)

Diagonalize inside each tree: states $|i, \alpha\rangle$.

- Coupling between states of neighboring trees: $\langle i, \alpha | V | i + 1, \beta \rangle \sim J/N$
- Level spacing: $\Delta E \sim W/N$ with W bandwidth of each tree

We may now have localization: $J/N \ll W/N$ for large W (though $J \gg W$!)

Many-body case: intermediate states of the bubble could be like trees. But it does not seem possible for this mechanism to be at work:

- Available energy width: $W \sim V \epsilon_0 (V \sim \text{volume bubble})$
- Effective coupling/disorder: $J/W \sim e^{cV}$, c > 0.

see also From Anderson to Zeno by Huse et al. '14.

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Do resonant transitions imply delocalization?

Not always: quantum percolation in 1-body physics

Giant percolation cluster C in \mathbb{Z}^d ($p > p_c$: classical percolation threshold)



Very particular example (no mobility edges), also delocalized states $(p > p_c)$

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Some numerical results by Papic, Stoudenmire and Abanin



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Nice, but to be frank, hard to invoke bubbles to understand this

Mobility edges in quenched disordered MBL systems Single body Anderson localization: $d \ge 3$, intermediate J/W or continuum



Aizenman and Warzel, Bethe Lattice, $H_{\lambda}(\omega) = T + \lambda V(\omega)$

Many-body physics: transition in function of the temperature/energy density



Thermal bubbles could destroy Many-Body mobility edges Quenched disorder spin chain with mobility edges:

 $\epsilon < \epsilon_c$: localized, $\epsilon > \epsilon_c$: delocalized

Prepare the system in a localized state ψ :

- overall $E(\psi)/V < \epsilon_c$: negligible overlap with thermal states in the limit
- locally: thermal islands



• Location of the islands is not determined by the disorder: they do travel

In the true thermodynamic limit, we would expect



Bubble issue not covered by Imbrie, not addressed in BAA.

Baby version: Shepelyansky's two particles '94

Just two interacting particles on a 1-d disordered lattice:



Coherent propagation of the bound state:

- $l_1 > 1$: localization length of free particles (U = 0)
- l_c : localization length of the bound state (U \neq 0)

$$\frac{l_c}{l_1} \sim l_1 (\mathsf{U}/\mathsf{J})^2$$

Interaction strongly enhances localization length (still localized since d = 1)

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Recent numerics do not support our view

Disordered spin chains:



- Left: from Kjäll, Bardarson and Pollmann, $H = -\sum_{i} J_{i} \sigma_{i}^{z} \sigma_{i+1}^{z} + J_{2} \sum_{i} \sigma_{i}^{z} \sigma_{i+2}^{z} + h \sum_{i} \sigma_{i}^{x}, \langle J_{i} \rangle = 1, h/2 = J_{2} = 0.3$
- Right: from Mondragon-Shem, Pal, Hughes and Laumann, $H = \sum_{i} t(S_{i}^{+}S_{i+1}^{-} + S_{i}^{-}S_{i+1}^{+}) + US_{i}^{z}S_{i+1}^{z} + Ww_{i}S_{i}^{z}, (U, W, S^{z}) = (7, 6, 0)$

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How could we solve the conflict? (work in progress)

Some possible issues:

- Thermalization by thermal bubbles is due to rare fluctuations: finite size effects may be huge
- Coexistence of localized and delocalized states possible at finite volume
- Thermal phase at finite volume may not yet be "thermal enough" for bubbles to appear
- Coexistence of states at finite volume L? Yes: Shepelyansky in 3-d
 - Bound states are delocalized
 - Particles farther appart than log *L* are localized
 - Statistically, localized states dominate, but we expect the opposite when 2 particles \longrightarrow density of particles

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We the Hamiltonian by Kjäll et al. and prepared the system in a product state

- thermal state on the left, ground state on the right
- overall below mobility edge

Very hard to see a clean effect

Two unfortunate facts:

- Very narrow δJ -region where the mobility edge could be seen ($\delta J \sim 3$)
- Still a lot of signatures of localization in that region

Participation Ratio (*PR*): Pick a realization of the disorder and and eigenstate ψ at random with $0.9 < \epsilon_{\psi} < 1$ (high energy). Pick a site *i* at random. Define



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